



***NORTHERN SUBURBS
HOCKEY CLUB WOMEN'S
AND MEN'S YEARBOOK
2016***

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Northern Suburbs Hockey Club Playing Service Medals

In 1992, Northern Suburbs Hockey Club introduced a playing service awards scheme to recognise and reward the longevity and loyalty of players who have given extended on-field service to the club. The awards are in the form of a bronze medal (for 10 consecutive years playing service), silver medal (15 consecutive years), and gold medal (20 consecutive years). Congratulations to this year's medal recipients:

Gold medal (20 years):

Trish Hughes
Kelly Smith

Silver medal (15 years):

Eleanor Dalzell
Chris Rowe
Lauren Tucker

Bronze medal (10 years):

Madeline Bell
Clara Denham Rodriguez
Jordan Griffin
Emily McCabe
Charlotte Mitchell
Grace Mitchell
Patrick Rendell
Eleanor Veitch

If you think you may be eligible for a Norths Hockey playing service medal but have not received one, please email leeoliver75@yahoo.com.au

President's Report-Women's Section

Welcome to the 2016 Trophy Presentation Night.

Firstly I'd like to congratulate all the players for their efforts during the 2016 season. For some it was successful, for some rewarding, for some frustrating, but mostly a lot of fun. You are the linchpin of the club for without you there is no club.

Of our 9 teams we saw 5 teams make the semis, Div 5, DP1, DP2, MM2, and MM3, with Div 5 and DP2 taking out the Minor Premierships. 2 of these teams made the grand final. DP2 went down 1-0 in a closely fought game. Div 5s had a hard fought win in shootouts, 4-3. Congratulations on a fantastic effort.

I'd like to thank all the coaches for all their hard work and dedication in 2016.

This season we had 3 very successful fundraisers; the Bunnings BBQ, the Downey Park Raffle and Cake Stall, and a Chocolate Drive. I'd like to thank everyone who assisted with the organisation, donations, and running of these events, especially Marie Kinshela, Bron Morris and Kylie O'Donohue.

Many things happen behind the scenes that most of you don't know about, and without the help of several people a lot of things would not eventuate. So to these people,

- Liz Moffatti: Thank you for answering my many questions upon taking up the Presidency role
- Bron Morris: Thank you for being all things BWHA. Answering questions, advising on official correspondence, getting up me when I'd done something wrong (gotta take the good with the bad) and being my rock with some early season decisions.
- Kylie O'Donohue: Having worked with Kylie for many seasons in the Junior club it stood to reason that when I thought "who you going to call", it was Kylie. So "Team Awesome" was formed once again. Thank you for everything that you do.
- Marie Kinshela: Thank you for all your efforts with the Bunnings BBQ and all things fundraising. Not to forget the outstanding effort you put in coaching and organising in the Junior club.
- Jess Keene: Thank you, Thank you, Thank you. You are a fantastic Secretary. Constantly on top of everything Hockey. Thank you for making sure I got everything done that I needed to. Nothing was too much trouble.

Lastly Irene Horvat, Div 2 Coach has informed us that she will not be coaching in 2017. On behalf of everyone I would like to thank you for everything that you have done for the club over the last few years. Coaching the Div 2s, Goalkeeping development on Monday evenings, and all round fantastic and valuable club person, you will be sorely missed. I wish you all the best for the future, and enjoy your rest. Don't forget us, the door is always open.

To everyone, enjoy the off season, if there is one, and look forward to seeing you all again in 2017.

Shaelene Dalzell

Senior Women's President

Presidents Report-Men's Section

2016 was, I think it is fair to say, a mixed season from the standpoint of our on field performances. Many teams performed better than last year, but others did not manage to repeat their past successes. However, although not achieving what we would have liked to, compared to last year's disappointing result of 5 of our 7 teams finishing in last place on the ladder, this year was far more successful.

In 2016 we once again fielded a total of seven teams across the BHL, MHL and CHL competitions. There were a number of changes to the exact divisions we fielded teams in, resulting in BHL1, BHL2, BHL4, BHL6, CHL, MHL2 and MHL3 teams taking the park.

Once again it was a tough year in the BHL competition with no teams progressing to finals, but that being said, there was a marked improvement over the 2015 season. All teams were more competitive than last year, and BHL4 in particular was in the mix to play finals until very late in the season. After last year's disappointing result of all BHL teams finishing in last place on the ladder in their respective competitions, three of the four improved on these results. Knowing the problems which faced these teams this year, I am convinced that better things are just around the corner for all our BHL grades.

Our MHL teams continued to perform well in the veteran's competition. MHL2 had a successful season making the semifinals, before losing a tight match to eventual Premiers Easts. MHL3 did not have the success of the past 2 years where they finished as runners up, unfortunately not making the finals.

Our CHL team started well, but unfortunately failed to win a game after the 9th round, meaning that for the first time in several years we did not participate in the CHL finals. Despite not achieving the levels of past success, Frank Coman was very deservedly voted the Player's Player for the whole of the CHL competition. Congratulations Frank.

Planning for the 2017 season is already in progress, and I look forward to taking on the challenge again.

I think it is appropriate to pay tribute to my predecessor as Senior Men's President, Kym Frearson, who passed away suddenly on 30 August. Kym had a huge influence in the Men's club over the past several seasons, also acting as manager of our BHL1 team for several seasons, and was one of the driving forces behind our readmission to the BHL1 competition in 2012. I know Kym did an enormous amount of work in these past few years, including being involved in player recruitment, for many years being responsible for uniforms, and taking an active role in fundraising. Kym's influence cannot be understated. Even after stepping back from any official role this year, he remained involved with the club through the Norths Old Boys. Although he did have a tendency to rush head on into things without consulting the Men's Committee, leaving a few of us pulling our hair out over how we were going to pay for his latest crazy idea, no one can ever doubt that he always had the best interests of the club at heart. He will be sorely missed.

There are a large number of people who must be recognised for their efforts during the year. The reality is that it is no small task to run a hockey club, and without their contributions our club would come to a grinding halt.

Firstly I would like to thank Sam Toigo and Tim Creagh for their work on the Senior Men's Committee this year. The simple fact is I couldn't do it alone.

Our BHL1 coaches Joe Gleadhill and Wayne Tucker invested an enormous amount of time and effort into this year. The passion and energy they bring to the job of coaching is a credit to them. I must thank Wayne in particular, as in addition to his BHL1 coaching role, he also coached our BHL4 team. I know that our BHL4 players very much appreciated having a coach on the sidelines every week to provide some direction, and our improved showing in BHL4 is in no small way due to Wayne's involvement.

Bernie Machen once again did a great job of coaching our BHL2 team. Bernie also coached our J1 team, and I thank him for his efforts across both teams.

I would also like to thank Frank Coman, Hugh Abrahams and Mick Gibbs for their organisation of our CHL and MHL teams respectively. In addition, Mick coached our Under 11 teams this year, so a special thanks to him on that front also.

Finally, special thanks must be extended to Adam Day who once again has put in an enormous amount of time and effort into our grounds and facilities at Dorrington Park. I think I can safely say that without Daisy, there is no way that our fields could ever be in the condition that they are presently kept.

I look forward to seeing you all again for Season 2017.

Jacob Toigo

Senior Men's President

Senior Women's Award Winners-2016

Team Trophies

Division One

Best & Fairest – Trish Hughes

Most Consistent Player – Emily Burrows

Best Team Player – Sam Morris

Division Two

Most Consistent Player – Jess Thomas

Rookie of the Year – Charlie Mitchell

Most Determined Player – Grace Mitchell

Division Three

Player's Player – Alex Geale

Most Consistent Player – Courtenay Brown

Most Improved Player – Courtney Doyle

Division Five

Best Rookie – Jade Kinshela

Most Consistent Player – Christine Forostenko

Top Goal Scorer – Dena Licciardello

Best in Finals – Penny McShane

DP1

Player's Player – Brooke Galic

Most Consistent Player – Marie Kinshela

Most Versatile Player – Sue Kernke

Best in Finals – Bron Morris

DP2

Player's Player – Bridget Saltzer

Most Valuable Forward – Jane Straker

Most Reliable Player – Leonie Cross

Best in Finals – Lisa Coad

DP4

Player's Player – Emily Lancashire

Most Improved Player – Banchy Howells
Most Reliable Player - Sue Forbes

MM2

Player's Player - Kathy DeVitt
Most Valuable Player – Susan Sullivan
Most Reliable Player – Bron Morris
Best In Finals – Penny McShane

MM3

Most Valuable Player - Sally Allan
Best All Rounder - Mel Fitzell
“Get out of my way” award - Ruth McColl
Best In Finals – Rachel Keene

Perpetual Trophies

Most Outstanding Player 2016: Amy Smith
Most Dedicated Player 2016: Sue Kernke
Best Club Worker 2016: Kylie O'Donohue
Top Bird 2016 (Turf): Eleanor Dalzell
Top Bird 2016 (Grass): Natalie O'Sullivan
Most Promising Umpire 2016: Maddy Bell
William Plucknett Memorial 2016: Selina Utting

Senior Men's Award Winners 2016

PERPETUAL TROPHY

Outstanding Service Award
Aaron Griffin

CLUB AWARDS

Most Valuable Club Man
Sam Toigo

Club Legend
Isaac Campbell

Most Improved Club Player
Corbin Kyle-Little

BHL1

Most Valuable Striker
Jack Tucker

Most Valuable Midfielder
Tom Fletcher

Most Valuable Defender
Aaron Grigg

Players' Player
Luke Jennings

BHL2

Most Valuable Striker

Most Valuable Midfielder

Most Valuable Defender

Players' Player

Jared Campbell Isaac Toigo Aaron Evans Chris Dick

BHL4

Most Valuable Striker Most Valuable Midfielder Most Valuable Defender
 Kyle Treasure Tayla Bennett Neil Cox

BHL6

Most Valuable Striker Most Valuable Midfielder Most Valuable Defender
 Marc Clements Shane White Jacob Toigo

CHL

Most Valuable Player Most Improved Service Award
 Frank Coman Kieran Post Graeme Higgins

MHL2

Most Valuable Player Most Committed Award Team Player Award
 Hugh Abrahams Bevan Coman Jack West

MHL3

Most Valuable Player Most Improved Best Team Contributor
 David Maughan Kieran Post Steve Swan

Senior Men Leading Goal Scorers 2016

Aaron Griffin	13	Nick Binns	5	Jack West	4
Marc Clements	9	Kane Barnard	5	Ethan Griffin	4
Isaac Toigo	8	Erin Millard	5	Macka Devlin	4
Mitchell Plos	8	Hywel Jones	5	Carter Chappell	4
Bevan Coman	7	David Maughan	4	Will Treacy	4
Rhys Buckingham	6	John Quinlan	4	Danny Fletcher	4
Michael Howe	6	Paul Nicholls	4		
Michael Gibbs	5	Damien Negus	4		

Senior Men Top Team Goal Scorers

BHL1 Danny Fletcher 4
 BHL2 Mitch Plos 6
 BHL4 Rhys Buckingham 6

BHL5	Marc Clements	8
CHL	Aaron Griffin	4
MHL1	Bevan Coman	7
MHL3	Mick Gibbs	5

Women's Division 5-PREMIERS

I would like to start this report by thanking the group of ladies who played in the Div 5 team this year. We had a great year – an awesome bunch of ladies who just enjoyed playing hockey with their mates each week. We had 16 players registered in the Division and I think only fielded the full team twice in the season – at the beginning of the year and then again on Grand Final Day!! During the season this bunch of ladies scored over 100 goals and won the minor premiership by 11 points!! What a great effort.

The team suffered a lot of injuries throughout the year and had both junior and senior players fill in for us. I would like to thank Alyse, Shaelene, Taylah, Marie, Banchy, Kelly, Aaliyah, Kasey & Annie for the huge helping hand this year.

The season would not have run as smoothly as it did if it hadn't been for Kelly Carlon who, assisted by her two little helpers filled the role of Manager / Bench Coach. Kelly only had one little issue this year and when it came to filling in the book each week appeared to succumb to the pressure of the scrutiny of BWA and made an error. So as not to cost the club a fine, Kelly would rewrite the list to make sure the book was right! Great plan Kelly and I am sure saved the club heaps!! Unfortunately when we got to semi final day, there were no more team sheets left in the book! Thanks Lisa for the use of the MM3 book which I am sure they are happy about as it now contains the Grand Final Div 5 winning team list!!! Seriously though Kelly thank you so much for everything you did this season but I really hope we see you back running around on the pitch next year.

As you can imagine in a team like this, there were a number of “players of the game” over the season. Our strikers all scored an abundance of goals each – Dena led the pack with 28 goals with Penny (12) and Laura (11) both putting in a huge effort but there were still over 50 goals scored by the rest of the team. These stats show what a team effort this has been for the season and made it quite difficult picking that standout player each week but for one player there was never a chance of her getting the ‘player of the game’. Imagine playing week after week and not touching the ball. Unfortunately for Rhonda (our GK) this was a weekly reality. I swear there were some games I would turn around to make sure Rhonda was still on the pitch and she was covered in birds because they thought she was a statue!! (I can't be sure what the white stuff was running down her back as she left the pitch on those weeks.) As we all know though, a team can't play without a GK and I know that everyone in our team would like to thank Rhonda for the enormous contribution she made over the season. And can I just add that when she was given her opportunity in the Grand Final she really stepped up and showed everyone exactly what she was capable of!!!

Another stat I would like to mention is that the team had played it's way through the season without receiving a card of any colour. Sadly this record was tarnished on Grand Final Day with three Green cards. Questionable I know but Dena, Greenie & Jade – it is your shout!!!

I would like to thank all those who helped out throughout the season. Donna & Stump who filled in when Kelly wasn't available, Marie for regular tech bench duties and organizing juniors for me, and our supporters (family & friends) who helped out with the occasional tech bench & umpiring but most of all for their support (Kelly's Pete springs to mind here.) Also to Shaelene & Jess – Thank you - running a club is hard and I know it is not too often that a “Thank You” comes your way!!

FINALLY.....

Congratulations to the Norths Women Division 5 team – 2016 MINOR PREMIERS & PREMIERS!!!!

Liz Moffatti

P.S. Most of all, thanks to Liz for coaching and organising the team each week! Liz ran training every week she was in town despite a lack of numbers in attendance and gave a rousing pre and half time game speech as required. Thank you Liz - we couldn't have done it without you :).

Kelly Carlon

Women's Division 1

*"Achievement is the largely the product of steadily raising
one's level of aspiration and expectation."*

Jack Nicklaus

(119 x Professional Golf Wins,
18 x Major Champion, 19 x Major runner-up)

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Pre-season

This season preseason started a month earlier than in 2015, on 6th December 2015. Building on the base level of fitness achieved in the previous two seasons, we continued to focus on middle distance running (5km) with hockey specific strength exercises and skills and drills on the Dorrington practice pitch.

The fitness targets were not altered from 2015, with a general expectation that those aspiring to Division 1 or 2 should be able to run 5km in 25 minutes or under.

By the end of the preseason;

- a new course record had been set at 21.30min
- 23 players had completed at least one timed run
- 14 players had run new personal best times
- 6 players achieved times between 25-29minutes
- 9 players recorded sub-25minute times

We again held a live-in camp at Runaway Bay in February, this time in conjunction with the Norths Men. This weekend was again very successful and I firmly believe that this weekend equates to multiple regular preseason sessions. The weekend activities again focused on relationship building,

fitness and skills sessions, followed by a practice match against Mudgee (this year's Gold Coast Premiership team).

I would like to thank those involved in organising this weekend, with specific thanks to Kylie O'Donohue and Irene Horvat and for their significant contributions.

East 9-a-side competition

For the third year in a row we entered a team in the East Tiger Turf 9-a-side preseason competition. The 9-a-side format is fast paced and exciting, which provides us with multiple short-form matches over one weekend.

Over the course of the weekend we won 3 games, drew 2 games and lost 1 match against Kedron Wavell. In total we scored 8 goals for and only conceded 3 against. Our progress in the competition was determined by relative ladder positions at the end of the pool rounds. During the Tiger Cup qualifying match, we came up against Easts. The match against Easts was a tight game which was reflected in the score 0-0. As Easts finished higher on the ladder the end of the pool matches, they progressed in the Tiger Cup draw and we were relegated to playing off for the Tiger Plate.

In the semi-final of the Tiger Plate we beat QUT 3-0. I don't know who in the organizing committee we offended, but the draw only provided a one match break between our Semi-Final and the Grand Final. The dedication of players to pre-season really showed out, with us being able to push through tired legs to take out a tough match against Past High (Toowoomba) to win the Tiger Plate – Grand Final 2-1.

A promising start to 2016.

Season progress

I think we improved as a group in 2016, by continuing to push ourselves to try new skills and structures and to challenge the historical way of doing things. Each year I try to increasingly involve players in an honest discussion about how we are going and how we can improve. However, we need to have a single purpose and everyone needs to sign up to an agreed way of doing things, otherwise we will never reach our full potential.

Due to injury and other commitments, 26 players were used in Division 1 during this season. While this isn't an ideal situation to build momentum, it does provide an opportunity to see what new players can achieve in a fast paced game environment. Eight players made their Division 1 debut for Norths during the 2016 season, six of those players were under 19. This rich depth of talent looks promising for the next five years.

The willingness of the group to embrace new challenges and to apply themselves to different exercises and attempt new skills is extremely pleasing. I continue to be impressed by the Division 1 squad, none of them ever throw in the towel and despite on-field pressure they support each other – they are a pleasure to be around.

The challenge for us is, despite our progress as a Team, the competition as a whole improved making it harder to see the results on the score sheet. To reach our potential and improve our position in 2017 we need to lift intensity at training, raise our own "acceptable" levels and be prepared to do the "things that hurt", so we can achieve the things that everyone wants.

The following table compares our last four years results and maps our progress over the last three years.

	For	Against	+/-	Wins	Draws	Losses	Points	Position
2016	24	42	-18	3	2	11	11	8th
2015	20	60	-40	4	1	11	13	7th
2014	26	39	-13	4	2	10	14	6th
2013	16	60	-44	3	0	13	9	9th

Division 1 has so much unrealised potential. I am passionate about seeing this group reach that potential and push better results in 2017. Hopefully we can win the close matches and become more consistent in 2017 and maybe play finals.

For those of you who are date claimers:-

- 11 December 2016 – First pre-season run at Dorrington Park (4:30pm)
- 18 & 19 February 2017 – East Tiger Turf Cup at Carina
- 24-26 February 2017 – Pre-season camp at Runaway Bay

Thank you

Our on field performance was supported by many off field roles, in no specific order I would like to thank the following people for putting up with me and providing excellent support to the Team; Liz Moffatti, Shaelene Dalzell and Lauren Green.

I would also like to thank Irene Horvat, who has been willing to share her skills and experience with me during the last three years. Thanks Irene, I will miss your dedication and enthusiasm.

Damian Shirley

Coach

Men's BHL1

With plenty of off field planning underway at the end of the 2015 season, we set about making some changes for season 2016. The first change was to implement post-season fitness sessions twice a week at Dorrington Park with Paul Eddington between September and December 2015. Those that attended these sessions had a massive advantage in the pre-season.

Secondly we recruited heavily in the off season with additional players joining the Norths ranks. This not only bought new faces, it bought about increased competition for spots. Our new players included: Shane Cowling, Luke Jennings, Pat Gleadhill, Carter Chappell, Mitchell Moran, Aaron Evans,

Hywel Jones, Michael Boyd, Ash Connelley, and Chris Mantell. We also had some part timers in Roy Tucker, Tarack Chappell and James Easton join us from Fraser Coast.

They joined our existing crop of players in: Isaac Campbell, Chris Dick, Sam Toigo, Jared Campbell, Aaron Grigg, Tom Fletcher, Phil Dumpleton, Isaac Toigo, Chris Fazel, Mitchell Plos, Jack Tucker, Danny Fletcher and Adam Battams. On a number of occasions we had plenty of assistance from Adam Grant, Dom Machen, Will Treacy, Joey Triggell, Kyle Treasure, Tayla Bennett and Rhys Buckingham.

This year saw us more than compete with our opponents for most of the matches. We lapsed in small patches with our performances continuing to improve as the season went on. Unfortunately this didn't deliver the results we wanted, but we did have 13 players debut in Division 1 this year. This is an extremely high number and is a symptom of our continual player unavailability each week. As you can see from the player list above, we had over 30 players play Division 1 this season which is a direct result of player unavailability. It's only when we fix this that we will truly have a consistent outfit that will be able to compete at the next level each and every week.

At our post-season review session, it was clear that many players are looking to take the next step with their hockey. It was said very clearly that we need to take our hockey more seriously if we want to do better. As coaches we couldn't agree more and we are here to help the Norths 2017 squad to the next level. It is critical that players look after themselves in the off season and one way to do that is to take advantage of Paul Eddington's fitness sessions. With improved player availability next year, we know we have a great player base to improve on the performances we delivered this year. As coaches we are genuinely excited about our opportunities next year, and we want all players to buy into this as part of the pre-season campaign. The pre-season training, camp and games are all crucial to setting us up for an exciting 2017 season.

Once again we are under no illusion about the challenges we face in season 2017. However we feel we are much better placed to be able to take on these challenges with our blend of experience and youth across our top squad of players. We'd like to see everyone back and to fully commit themselves to the 2017 season to give ourselves the best chance possible. We weren't far off a number of teams in season 2016, and it is this extra commitment that we believe will get us there.

Thanks to everyone for their efforts in season 2016. We took some big steps this year and we are looking to take some giant leaps next year. Enjoy your off season guys, stay fit and stay connected and we look forward to seeing you get yourself prepared for an exciting season at Norths in 2017.

Joe Gleadhill & Wayne Tucker

BHL1 Coaches

Women's Downey Park One

Another hockey season has passed and once again I get to reflect on how we played, laughed, hurt ourselves and generally had fun. I can honestly say that I believe we all enjoyed the season. It is a long season starting way back in February and finishing in September, during which we encountered

all forms of weather except snow. I thank everyone for their efforts throughout the season. Most of you ladies did try to make training and the results were shown on the field every week.

As with all seasons we had several injuries throughout the season, it was pleasing to see other players step up and assume a greater role within the team structure. This made the coaching of the team extremely easy and allowed me some flexibility in coaching the team. I would like to thank Jade and Aaliyah for subbing into the team. They enjoyed the experience and I think you ladies enjoyed the girl's enthusiasm and young legs.

If results are the only measure of a season then we finished the same as last year. However when we take into account other accountabilities, I think we had a great season. Development was ongoing, knowledge and some of us learnt new skills. It was pleasing to see players pass on their knowledge and skill to players from a lower division teams at training. The other ladies appreciated training with the DP1 team. They gained invaluable insights and this can only help the club to grow so thank you for your efforts.

We are all involved in this team for a lot of different reasons so it is pleasing to see us developing. However to take the next step we will need to look at what are the little things that we can do to improve the team as a whole. We have challenged the contenders for periods of time but now need to develop this into a more consistent length of time during the game. I truly believe that we have the talent, drive, belief and certainly the ambition to be premiers. It will only take some sacrifice and another level of commitment to achieve something great.

Now for a couple thank you. Starting with our great captain and all you other ladies, thanks for all of the support, effort and for listening to me. You provided an extremely helpful and thoughtful advice throughout the season. To you ladies thank you for all the effort and sacrifices you have made during the season. I realise that many of you had other pressures to deal with outside of hockey, so thank you for turning up playing hard, having fun and for pretending to listen to me. Occasionally it turned out I knew what I was talking about. For the advice asked for or given freely thank you. To all the players who filled in thank you.

Now for those that may not return next year, good bye and good luck. You are always welcome back. To all those returning see you in the new year for another preseason. Any suggestions for next year will be listened to and may be implemented. And if I don't return then thank you for everything over the seasons. It has been an incredible and fun journey.

Warren Truscott

Coach

Men's BHL2

The Division 2 Men were much more competitive this year finishing with 5 draws and 2 wins. Although that still left us near the bottom of the table, there are so many positives we will take into next season.

With the club's strategy of trying to have a full bench running high rotations with high intensity in short stints on the field, we took a little while to adapt, especially when we would have at least 5 different players in the line up each week. But adapt we did! The on field communication, support and trust for whoever played got better each week and we knew that our team could compete and even beat any team in the competition.

Yes it was frustrating that we let some games get away from us when we could have, and should have locked in a win – but we learned those lessons and by the end of the season we maintained our intensity and discipline for the whole match and we always left the field knowing we competed well.

We had a lot of talent to draw on and I was most pleased to see some of our J1 players contribute to the team – Dominic Machen and Will Treacy played regularly, while we had Ethan Griffin, Alex King and Jaren Maddocks play some cameo roles and they all impressed. And then there were our semi-regular Div4 players who filled in for probably half the matches – Michael Howe, Kyle Treasure, Macca Devlin, Chris Rowe and Jacob Toigo. You all played with great heart and intensity and you should be very proud of how you performed. There were occasions where speed and experience were required too, so when we couldn't find anyone with either of those, Aaron Griffin and yours truly tried (admirably?) to fill the gaps.

Then there were the multitude of players who backed up from a Div1 match and sometimes also had to play Div4. Your heart, your dedication and contribution was huge and I thank you for it!

For me this year I felt there were 2 players that stood out in terms of their exceptional on field performance, and their dedication to the team and to the club. Chris Dick in goal – you were simply superb, and I was so impressed with you this year! Sam Toigo, your fitness, skill, hunger and passion in our team this year was outstanding. Congratulations to you both for an inspirational and excellent year.

We have some amazing junior talent rising up into the men's grades and our club is getting some depth in the senior ranks to support the juniors coming through. I'm expecting good things for 2017.

Bernard Machen

BHL2 Coach

Women's Masters Two

Bit of a mixed up season this year with a pregnancy & various illnesses and injuries, but the team handled it all in their stride. BWA started us in Div 1 despite our protests. After a few early floggings, they thought it would be a good idea to combine Divs 1&2. This meant we got a few wins in which felt better, but it did not make the rest of the teams happy. After many more protests by all teams, BWA decided to switch it up again, resulting in us being put in Div 2, which we requested at the start!! Fast forward, we finished 4th on the ladder, then took out #3 in the semi & had one more game to get to the grand final. Alas, it was not to be. Overall we finished 3rd which was a fantastic

result. Thanks to all the team members, whether they started with us, joined us or left us throughout the season. It has been a lot of fun. Hope to see you all again next year.

Sue Kernke

Manager

Men's BHL4

It was with disappointment that we fielded a Division 4 side this season after missing out on our request to play Division 3. This was difficult as many players wanted to play Saturday only, and weren't keen on having a game every Sunday. With that said, we committed to go the extra mile to not only ensure we had a competitive team every week, but to ensure we all contributed to improving our club. So we soon got over any disappointment and got on with what we all love doing – playing hockey.

The good news was we never had a shortage of players. This was because we were organised and were determined to do better than the past. That all started in game 1 where we drew with last years premiers St Andrews, and by game 3 we'd accrued more points than the entire 2015 season. But most importantly we had a great mix of guys.

A number of players regularly played both Saturday and Sunday turf hockey including Sam Toigo, Michael Howe, Tayla Bennett, Chris Rowe, Kyle Treasure, Macka Devlin, Isaac Toigo. The core of the team included Jacob Toigo, Neil Cox, Jack West, Kane Barnard, Marc Clements, Shane White and Sean Wright with Corbin Kyle-Little joining the team and the club. We used this as a breeding ground for our juniors with Joey Brown, Ethan Griffin, Gabe Rendell-Stephenson, Dan Bowler, Jack Verhoeven and Matt Gill all having a run during the season. We also had some cameo performances from Carter Chappell, Rhys Buckingham, Joey Triggell, Aaron Griffin, Todd Crane and James Leedie who were very useful whenever they were available.

We played with structure and discipline and as a team, we never gave up and fought all games right to the end. I saw everyone benefit from playing multiple games across the weekend and the extra training sessions helped everyone develop their individual skills. All I can say is if it wasn't for injuries this team could have progressed well beyond our eventual 5th spot on the ladder, just missing out on the finals. Having said that we fielded over 30 players in this team over the season and is a credit to us as a club to be able to select from so many players. With 15 or 16 players for most games, we ran high rotations to tire our opponents, and play the game at a high pace. One thing for sure we know we are doing something right as our player numbers continue to grow which is very exciting.

The 2016 Division 4 team did a great job and as a group, and we had fun doing it. No longer are we the easy beats of the competition and we are looking to make it to finals in whatever grade we play next year. I enjoyed watching everyone develop into a team in Division 4 and at the same time support the club by also playing Juniors, Division 2, Division 6 or grass. We all did our bit this year guys and you should be immensely proud of yourselves.

I look forward to the next chapter of our hockey journey, encourage you all to stay fit in the off season, come back refreshed and with an attitude to be better at what we do. We need to set goals for season 2017, we have much to do. Thanks to everyone who played Division 4 this year, it was a really enjoyable year guys and it was a pleasure coaching you.

Wayne Tucker

Coach

Women's Division Two

In review, there are many positive highlights of the 2016 season for the Division 2 team. Right off the bat, thanks to Damo for organising and running a great preseason, and to Greenie who as always, kept us well prepared and was always on the ball.

Coming off a strong preseason, we were pleased to welcome some new players to the club who would prove solid contributors throughout the season, as well as introducing some of our junior talent coming through to the senior ranks who provided great energy and were consistent performers.

The effort that many of our Div 2 players put into their preseasons proved to be well worth the effort as we burst out of the gates to be undefeated after the first 5 rounds, tallying the most goals in quite some time. The middle block of the season saw us being competitive with all of the top teams, with the standout being a 1-0 win over Saints in what was a defining game for our team.

A three week break in the middle of the season didn't seem to serve us too well. While we played some really good team hockey from end to end in the second half of the season, often outplaying our opponents, we were unable to convert on our opportunities and we often unlucky not to get the win.

All in all, it was truly a club effort in Div 2, with Div 1 squad players contributing and mentoring our younger players, as well as Div 3 team stepping up on many occasions to help us out and doing much more than just making up the numbers. I think at final count we used over 30 players throughout the season, and I'm pretty sure it was a different line up every week. The team showed great patience and versatility – something that while not the ideal for this season, will only make each player a more complete player and certainly appreciative of the importance of each role on the field.

While there isn't enough space here for me to acknowledge everyone individually, please know that each and every person who has stepped on the field at training and on game day contributed to a 'virtual' highlight reel that I keep replaying as I look back on the season. Two such exceptional 'highlights' in my recollection were:

- Game vs Ascot: The game was in the balance, and our youngest player in Charlie Mitchell took the game on at left midfield and refused to be beaten. Her energy lifted the team and we got up and won that game.

- Game vs Saints: Another Junior making her way through the senior ranks in Goalie Maddy Bell played the game of her season and denied every Saints attempt at goal (and there were many). A conversion in our attacking end saw us come out with a 1-0 win.

In that regard, it is clear that the calibre of hockey being played at Norths is on the up and up, and the future is exciting.

Irene Horvat

Coach

Men's BHL6

BHL6 had a mixed season. Despite being competitive in most games, we were unable to convert close games to wins on a number of occasions and, much like the other BHL teams, we often had issues with player availability, particularly during the middle part of the season. However, despite these issues it was an enjoyable year, and I have no doubt that we can be a major threat next season.

We had a flying start to the season with a win over UQ, but this was followed by two losses. However, after the Easter break we had one draw and three wins from our next four games to leave us sitting in third place on the ladder after the first round. Unfortunately it would be another 9 games before we again tasted victory, with our team numbering only 11 or even 10 on some occasions. However, we started to come good again towards the end of the year, winning 3 of our final 6 games, which included a good win over eventual runners up Kedron Wavell.

On paper, we had a strong team. Jacob Toigo, David Alcantara, Scott Keft, Todd Crane and Josh Wood at the back, with Luke Tucker in the net. Lee Oliver, Sean Wright, Shane White, Dan Varghese, and Isaac Varghese, would make up our midfield. Up the front we welcomed new attackers Marc Clements and Erin Millard to the club, joining Tim Creagh and Aaron Griffin. Kane Barnard would slot in wherever he was needed to fill any gaps from centre forward to fullback.

During our good start to the season, we had some great things going on. Erin was having a great season, scoring 5 goals, all deflections, in his first 8 games, (plenty of other strikers in the club could learn from his positioning). Isaac really started to get to terms with Men's hockey, and was really able to start dominating opposition defensive lines and put the ball in the net.

However, very rarely were all members of this formidable line up available to play together. Todd was unable to play after the first few weeks, Aaron was only available until the end of May, Erin and Dan suffered injuries and missed multiple weeks, David was often away for work, and Whitey was generally only available every second week, although by some miracle was able to play 3 games in a row on a number of occasions. All these together with one off absences added up, and by halfway through the season, our once great numbers were looking positively ropey. A couple of times we ended up with only 10 players on the field.

Thankfully there were plenty of guys who were willing to help out. Greg and Pat Rendell, playing his first ever Senior games, and James Leedie made a number of late season cameos which were much appreciated. Thanks also to Ethan Griffin, Adam Day, Bernie Machen and Jack West who made a few appearances during the course of the season, together with others who just played the one game.

In particular I need to thank Neil Cox and Dan Bowler. Dan, a J2 player, played one game early in the season, and then joined the team on a permanent basis around halfway through the season to help out with our numbers crisis, and acquitted himself admirably playing in all our final 10 games, as well as a few appearances in BHL4. Neil also ended up playing half a season as a (theoretical) fill in, who I would often ask on a Sunday morning if he was able to play 6s – his answer was, thankfully for us, always yes.

Although in the end we were unable to make finals, during the season we defeated the teams who ultimately finished in second, third and fourth positions. I have no doubt that if we were able to get the bulk of our team on the park every week we would have gone deep into the finals. In any case, since the introduction of BHL6 four years ago, this year's team has achieved the most wins on any Norths team in this division to date.

I look forward to doing it all over again next year.

Jacob Toigo

Women's Downey Park Two

We started 2016 with some oldies and some newbies and on the rare occasion that everyone could make the game we were totally bamboozled at having four subs on the sideline. Our team consisted of:

Rachael - our newbie goalkeeper who kept us guessing instructions until we realised it was just her American accent;

Tricia - no getting around her on a clear day;

Leonie - slow and steady wins the race (mostly);

Harriet - while only a casual player, caused the element of surprise to the opposition... part of our Straker trio;

Penny - relentless in attack and defence... another member of our dynamic trio;

Bridget - gets better and more skilful after every baby she has (can you please have some more?);

Emily - our expert pivotal defensive and tackling player. One half of the McCabe duo;

Lisa - this quiet achiever became our pocket rocket;

Beth - one of our accommodating versatile and dependable players and the other half of the McCabe duo;

Lynette - deadly on the left goal post;

Ash - the effervescent epitome of the 'everready bunny';

Nat - another versatile player dependable in attack and defence;

Hannah - (GOhannah) our prolific goalscorer who loves to steal the ball from the opposition and weave her way from end to end;

Jane - our very own "Bolt"enator... no catching her on a race to the goal.

Ruth - came back into our team midseason as our versatile surprise package; and lastly

Joan - our tireless and solid team member.

Unfortunately both Joan and Ash will be leaving us at the end of this season. They have both been such a great asset to our team and they will be sorely missed. Feel free to come back anytime!!

We finished the season in first place after our last fixture dethroning Commercial and relegating them to second place. While we played hard in the finals, we came out second best on the day. We put in a terrific effort and should be proud to have done so well over the season!"

Leonie Cross & Emily McCabe

Men's CHL

This year there were 5 teams in the CHL competition; Norths, University, Valley and Commercial 1 & 2. We did lose a few players from last season, but were joined by Aaron, returning to grass after quite a few seasons, Mal Ruddell from SWU, who didn't have a grass team this year, and Kieran Post – a new player and an exciting prospect for the future. Steve Swan also stepped up from an occasional fill in last year to be a full-timer this season. We also had quite a few other guys help us out during the season. The strength of the teams had changed quite a bit since the previous season, with Commercial 2 running second overall, and leading at the end of the first round. With 5 teams in the competition we ended up with 4 rounds of 4 games + 4 byes. All up we played 15 games, with the last game of the second round being washed out, of these games we won 4 and lost 11. Unfortunately this resulted in us finishing 5th from 5. The beginning of the season was certainly when we performed our best, which is probably not the best strategy, but we did end up playing one of our best games in the very last game against eventual premieres Commercial 1. Overall goals were fairly difficult to come by for the season, we only scored 18 in total. We had 9 goal scorers for the season, Aaron with 4 was our biggest scorer, other scorers were Frank 3, Steve B, Nick, Kieran and James all with 2 and Graeme, Paul and Daisy with 1 each. While we didn't have a great season as far as results went, we were never far out of any game, and it was probably our lack of goal scoring which had us struggling to win games.

Once again we played a few games at Dorrington this year- 7 in the end when one game was washed out. It is always great to get back to our home fields and make a bit of money for the club, but it does require field preparation and someone behind the canteen and once again Daisy and Tanya have to be thanked for all their efforts on those days. I would certainly encourage everyone to come down for a bit of socialising on any of the days the CHL games are at the clubhouse. There were not a lot of individual highlights through the year but Kieran had a great first season and we look forward to him playing with us in the future. Also I would like to give special acknowledgement to Graeme Higgins who had to hang up his boots for the last time through this season due to on going back injuries. We will certainly miss Graeme in the future, he has always been a real character, with great humour, and was usually good for a carton of beers in 'fines' at presentation night.

The general feeling in the grass competition seemed to be that most people would be back. As far as I know most of our team will be back, and we may even have a few players returning after a season or two break.

I'm be looking forward running around the paddocks again next year, and enjoying a few laughs beer or two at the end of each game. We'll welcome anyone else who would like to join our ranks.

Frank Coman

The Full team list

1. Hugh Abrahams
2. Steve Barnard
3. Nick Binns
4. Frank Coman
5. John Creagh
6. Tim Creagh
7. Adam Day
8. Aaron Griffin
9. Graeme Higgins
10. James Higgins
11. Carl Lehnert
12. Paul Nicholls
13. Kieran Post
14. Mal Ruddell
15. Steve Swan
16. Jacob Toigo
17. Michael Zale

Through the season we were also helped out by John Quinlan, Barry Neocleous, Riley Day, Dave Maughan and Andy Broadbent- thanks for that, despite having 17 on our roster we still seem to end up with a few weeks every year where we struggle to get 11 players.

Women's Masters Three

Another enjoyable season was had by the MM3's who, again..... (same as last year and possibly the year before) finished a solid 4th. In our preliminary final against Valleys we all fought hard (with no subs btw) but unfortunately went down 1-nil. An awesome effort by everyone especially Rachel Keene & Kasey Northausen in the goal circle who both played fantastically and made some incredible saves.

Our season started with a bang, we surprised ourselves by winning the first few games, we even had subs!!! A couple of broken fingers, calf strains, overseas holidays (seriously, where's the commitment ladies) saw us slightly light on for a few games (we'd like to thank Kerri-Ann Muir, Lauraine Janas, Sue Forbes and Liz Moffatti for filling in for us, especially on the lastminute.com calls) but we always gave our best and can't say we were ever 'flogged' by the opposition (we even beat St Andrews - our arch rivals... mwhahahahaha!). For the season we ended up winning 10 games, had 4 losses and 4 draws & only 1 send off - not a bad effort - now if we could only score more goals (sticks on the ground ladies) we'd really be a force to be reckoned with (look out Pine Hills). Nolene Dennien was our top goal scorer for the season with 4 goals.

On to the trophies for the season (wish you could all get a trophy, you're all terrific) BUT, there can only be 4 winners and deservedly the following 'stars' for 2016 MM3 are:

MVP: Sally Allan – a tireless player with great breakaway's and always who's willing to fill in any position on the field

Best All Rounder: Mel Fitzell – such an awesome tackler, trapper... you name it, she's great at it!

Get Out Of My Way Award: Ruth McColl – Once Ruth gets the ball, try & stop her – straight down the middle – get out of the way!! Wonderful defence & attacking skills.

Best in Finals: Rachel Keene – Rachel always plays a great game but was exceptional in the finals game with super defence and smashing hit outs!

And now for some honourable mentions from the season....

Wardrobe Malfunction Award: Nicky Barrie - Now there's usually a candidate for this award every year (I believe somebody forgot her skirt last season – no names) – Nicky takes the prize this time, turns up to game in a nice white polo shirt. Ahhh Nicky, aren't you going to get changed? Where's your shirt – that one's white??? Nicky: Oh, I looked everywhere & couldn't find it! Um, ahhhh, I don't think they'll let you play in the wrong shirt LUCKILY, someone happened to have an entire bag of shirts in their car – now that's handy! Don't feel bad Nicky, I believe it even happened to one of the Hockeyroos in Rio.

The MIA Award: Kasey Northausen – the team were playing at Redcliffe (always an effort to get to on time) Time's getting closer, where's the goalie??? 2 minutes to go, where's the goalie???

Starting hooter – WHERE'S THE GOALIE??? Grab the Pine Hills goalie to play for us – 2nd half of the game Kasey comes running on Where had she been??? Sitting in the carpark waiting for the team to arrive Kase, I hate to say this but ... Should've gone to Specsavers mate!

Anyway, thank you MM3's for another season filled with laughter, fun, frivolity and some excellent hockey thrown in there too. GO NETSCREAMERS!!! Sally Allan, Nicole Barrie, Lisa Boyd, Shaelene Dalzell, Nolene Dennien, Mel Fitzell, Cecilia Formby, Rachel Keene, Katie Martin, Ruth McColl, Robyn Mogg, Kasey Northausen, Selina Utting.

Cheers

Lisa Boyd

Manager

Men's MHL2

2016 found us back where we belonged in MHL2. As usual we had an enjoyable season on and off the field ending up 4th in a 7 team competition and losing our semi-final 3-2 to eventual Premiers, Easts.

Played	Wins	Losses	Draws	Byes	Goals For	Goals Against	Goal Difference	Points
21	7	6	5	3	24	30	-6	35

We had a memorable season highlighted by the addition of new players David, Mick, Damien and short-lived Mark, who were quickly accepted into the fold. On the other side of the coin we had a number of lengthy injuries including 3 which were season ending (Jack, Barry 'Mallet' and Dan).

The results table belie the fact that we had a consistent season as a team (and individuals) with all but one or two games where the result could have gone either way. I would like to thank every player for putting in 100% effort each and every week. Even though we don't play for sheep stations everyone puts in and we have a good team spirit.

Our teamwork and structures improved over the season and there were many times where we showed what we were capable of with our positive, constructive hockey with close-knit passing and teamwork. This doesn't mean we threw away the Norths Masters style of play with fearless leading, strength on the ball, long passing, etc. The unpredictable Norths style does worry opposition teams because we are capable of creating chances out of nothing. Creating chances is one thing putting them away is something extra (nudge, nudge, wink, wink, Bev, Andy, ...)

With a bit of luck we could have given it a real shake...next season..

As Aaron emailed after our semi-final loss *"Hard luck tonight boys. It's been a real pleasure to play with you all this year. I'm looking forward to next year already. "*

Leading scorer (and misser) Bevan Coman – 7 goals (lost count of the missed goals)

Aaron Griffin, Damien Negus, Jack West – 4 goals

Hugh Abrahams

Team: David Alcantara, Andy Broadbent, Bevan Coman, Frank Coman, Neil Cox, Adam Day, Mick Grant, Aaron Griffin, David Johnston, Scott Keft, Damien Negus, Barry Neocleous, Mark Norton, Daniel Varghese, Jack West, Shane White, Hugh Abrahams

Women's Division Three

I would like to say that I am very proud of this team. We have worked hard throughout the season and improved each and every week. Being moved up from Div 4 and welcoming a number of new players to the club it was never going to be an easy task – but each and every week we went out there with hunger and determination. I would like to give a massive thank you to all the JT1's and Div 5's who subbed for us throughout the season, without you it wouldn't have been possible for us to field a competitive team each week. There are a few individuals I would like to thank, in particular, Amy for your help throughout the season, Sav and Lauren for all your help with managing the team and to all the fantastic people who volunteered each week to do tech bench. Finally, thank you to the girls for such a fantastic season and I hope to see you all next year!

Cassie Salecich

Coach

Men's MHL 3

The MHL3 team did not make the finals for the first time in a few years. Looking back over the season there were a number of missed opportunities as there were 8 games where we drew or lost by one very unlucky goal. Although it was not a successful season on the field all players enjoyed their hockey and hopefully are in training for next year.

Steve Swan in goal was sound again and on many occasions provided great saves. In the last round against Easts, Steve made what many described as the save of the year. Steve was ably supported by the ever reliable Mike Zale and Bob Malcolm. Steve Swan and Mike Zale showed their commitment to the team by playing every game of the season. Lee Oliver was a welcome addition to the team. His versatility along with his very calm approach was an asset to the team. Andrew (Bok) Walker had another good year at left half and continued to make it difficult for teams trying to attack on their right. Although unorthodox at times he is very effective. Bok can always be expected to do the unexpected like turning up to play in Redcliffe when the game was being played at the SHC. Peter Quinnell added a new dimension to our play. Initially playing in the forwards where he scored in the very first game, Peter moved to the centre half position for most of the year and was effective in steering the team around the field.

Paul Nicholls had an interrupted year with the dreaded work commitments taking him away on a number of occasions and with his movement from the forwards to the backs in various games. Paul again proved his value to the team through his great support play, passing game and the ability to set up other team members. John Quinlan showed his strong running game and power hitting throughout the year. In round 10 John combined these skills and used power running to steamroll the opposition goalie so that his helmet ended up metres away. John was the only player in the team (other than David at the State Titles) to receive a green card this year.

Gerry Sammon missed the first half of the season, John Creagh and Steve Barnard missed most of the second half. All three were sorely missed; Steve for his ability to play both attack and defence and for his commitment when on the field, Gerry for his specialist skills on left wing. Gerry also demonstrated his ability to put pressure on the opposition when they have the ball. John for his strategic input and his general commitment to the team and Norths club. Eveready Bunny David Maughan had another great year supporting everybody, popping up across the field when you least expect him and generally harassing the opposition. David finally got selected to play for Brisbane at the State Titles only to get sent off again (green card) for using the back of his stick. Nick Binns had another great year on the right wing and at times demonstrated his flexibility by moving into the halves. Mick Gibbs had an up and down year through absence and injury. One player who needs to lift his game if he wants to be selected in the team next year.

Kieran Post and Tim Riggall both joined the team this year. Tim proved his worth by scoring a goal in his very first match and scoring the goal of the century in the last round against Easts. Kieran Post is new to the game and showed great improvement throughout the year. Is the improvement enough to make him a contender for the Steve Barnard perpetual trophy for most improved? We will have to wait and see.

Thanks to David for his umpiring throughout the year and the other players who supported him. Thanks also to Mick for the behind the scenes work in organising and keeping the team informed.

Anonymous



Women's Downey Park Four

Another season has come and gone. We had an interesting start with the merging of DP3 & 4 due to numbers. We started strongly with a couple of wins and then the hard work started. Our season was continually interrupted due to injuries but it pleasing to see everyone knuckle down and play a team role. This allowed me a greater flexibility in coaching the team. Everyone was willing to have a go at any role the team required.

We had a very enjoyable and successful season by any standard. The team just failed to make the finals but were in the hunt until the last game of the last season, in a season where teams could go from second to eighth in a blink of an eye. It was pleasing to see the constant improvement and endeavours displayed by the team.

I will say this ladies, we need to get to the games early to warmup. I know at 12.30 this is hard due to other commitments but as we get older it becomes imperative to avoid injuries. Which we had several soft tissue injuries. Some of which can traced back to a lack of warming up. However on a positive spin it did allow the team to play players in other roles for which they gained valuable experience.

I would like to thank those who managed to come to training on a regular basis. I truly believe that coming to training does help and provides myself with a chance to help individual players with their game and skills. So again thank you.

Ladies if the season is measured by wins and losses then we had a good season but those same results don't show the effort, commitment, time, energy and improvements shown by all of you. We managed to push all teams to very end of each game. I believe the results are only one indication of the season. If I seemed hard or harsh it was only because I wanted the rewards for all the sacrifice

and effort displayed by each and every one of you throughout the season. It is a testament to the way you played that whenever we needed players, I had no problems getting players. So thank you for that.

Now for a couple thank you's. Starting with our great captain and all you other ladies, thanks for all of the support, effort and for listening to me. You provided an extremely helpful and thoughtful advice throughout the season. To you ladies thank you all the effort and sacrifices you have made during the season. I realise that many of you had other pressures to deal with outside of hockey. So thank you for turning up playing hard, having fun and for pretending to listen to me. Occasionally it turned out I knew what I was talking about. For the advice asked for or given freely thank you. To all the players who filled in thank you.

Now for those that may not return next year, good bye and good luck. You are always welcome back. To all those returning see you in the new year for another preseason. Any suggestions for next year will be listened to and may be implemented. And if I don't return then thank you for everything over the seasons. It has been an incredible and fun journey.

Warren Truscott

Coach
